

# BORONNDARA

## *Bicycle Users Group*

### Rides Supplement March 2011

#### Hawthorn Cycle Tours

Hawthorn Cycle Tours (run by the Hawthorn Aquatic and Leisure Centre) has 10 bikes (and helmets) available. Or you can bring your own bike (and helmet) if you prefer. Rides are on Tuesday mornings from 9.30am - 11.00am. Child minding is available at the Creche. It is a social ride, with either a coffee stop out on the trail or on return to the centre (or both!). Distance travelled is usually between 15-20km, mostly flat riding with an occasional hill. Riders' ages vary from 20-70 years old. Contact: Hawthorn Aquatic and Leisure Centre, phone: 9815 0988, Website: <http://www.geocities.com/perften/Hct.html> or e-mail: [lexbishop@bikerider.com](mailto:lexbishop@bikerider.com)

#### Ashburton Riders Club

ARC is an informal group of cyclists from (mostly), the Ashburton, Glen Iris and Camberwell area who ride for fun, fitness and good company. We seek to be inclusive of, and helpful to, all riders (male and female) and of differing fitness levels. We have approximately 70 cyclists on our email list.

We have a regular Sunday 7am ride to Black Rock for coffee. However, there are always more rides of shorter and longer distances and on other days. These alternative rides are organised by ARCers posting a notice on the [ARC Forum](#). We enter many of the main organised rides in Victoria such as Around the Bay, the Great Divide Ride and Amy's Ride.

You are welcome to join us for a ride.

##### **Schedule of rides:**

Sunday (every week), 7am to Black Rock for coffee (44k)

Monday (every week) Hawthorn velodrome leaving from 8 Audrey Cr at 6.10am, return 7am

Tuesday (every week) Carnegie velodrome leaving 6 Rosedale Rd at 6.10am, return 7am

Other Rides will appear here if advised to ARCer1 via a [Forum](#) message prior to Wednesday 5:00 pm .

Rides start from Ashburton Railway Station car park, west/city side of the track unless otherwise stated.

**Contacts:** Tony Landsell' email: [tony@diacher.com](mailto:tony@diacher.com) or Justin Murphy, email: [murphij@au1.ibm.com](mailto:murphij@au1.ibm.com)

#### Kew Neighbourhood Learning Centre Bike Riding Group

Get back into cycling. Explore the Yarra bike paths. Make sure you have checked your bike is in working order before you come. Rides are between 15km -25km. Let us know if you are coming.

Free - Wednesdays - 9.30am -12pm

Contact: Robin Kendrick, phone: 9853 3126

## Surrey Hills Neighbourhood Centre Group

The group rides on the 2nd and 4th Monday, but will possibly move to weekly rides as interest grows. Meet at 10am at the nominated place. BYO drink. Most rides are 20-25km (3hrs approx) As no liability is taken by the SHNC, cyclists are encouraged to join Bicycle Victoria, and RACV Bike Assist as an optional extra. Bookings essential at the Centre Monday to Friday 10am-4pm. Surrey Hills Neighbourhood Centre, 157 Union Rd, Surrey Hills 3127; phone: 9890 2467; email: [info@surreyhillsnc.org.au](mailto:info@surreyhillsnc.org.au) ; [www.surreyhillsnc.org.au](http://www.surreyhillsnc.org.au)

## Finbar Neighbourhood House Rides

We are now riding regularly on the third Sunday of the month. Meet at Finbar, 143 Kent Street, Richmond to ride at 10.30am. We try to stick to paths where possible and always include a stop for a cuppa and chat. ALL WELCOME.

Contact Deb in the office on 9428 7668 or 0403 028 200 on the day.

## Sassafras Ride

Every Sunday all year. Starts at *Bike Life*, 114 Auburn Road, Hawthorn, near corner of Burwood Rd and the overhead railway bridge, Melways Ref. Map 45 F10. Arrive prior to 7:30am to ensure departure at 7:30am sharp. Arrives in Sassafras around 9:00am and leaves Sassafras by 9:30am Arrives back in Hawthorn around 10:45am.

Distance under 70km from Hawthorn to Sassafras return (includes the 7km 1 in 20 hill climb). Route: Auburn Road, Rathmines Road, Canterbury Road, Boronia Road, Mountain Highway (Wantirna Sassafras Road), Mount Dandenong Tourist Rd. You can join and leave the peloton anywhere along this route.

Refreshment stop: Café *Ripe*, 376 Mount Dandenong Tourist Road, Sassafras, phone: 9755 2100; Melway Ref. Map 66 F9.

## Council on the Ageing (COTA) Cycling Group

### Seniors Bike rides in 2011

We ride 4 Wednesdays each month.

- The 1<sup>st</sup> and 3<sup>rd</sup> Wednesday rides are short (20- 30km) to encourage less experienced riders to join us and the route is sometimes chosen on the day. The 2<sup>nd</sup> and 4<sup>th</sup> Wednesday rides are more challenging, (50-60km).
- We generally meet at **10am** at the 'Place to meet' (see below) or catch the train closest to this if time is not specified. A coffee stop is found midmorning! We take our own lunch and picnic together on the long rides. Riders are welcome to join the ride along the way or cut the ride short at any point.
- If the temperature is 30°C or above on the day, the long rides will be cut short.

Please contact **Janet Bennett** by e-mail [jfbpgb@bigpond.com](mailto:jfbpgb@bigpond.com) or on **9853 9808** to discuss details.

All riders are requested to join Council on the Aging (COTA). We also recommend that riders consider joining Bicycle Victoria for the insurance and service they offer.

Date	Place to meet	Description	Grade
March 2 <sup>nd</sup>	Footbridge in Southbank,	<i>Short ride</i> – Southbank to Williamstown and return by train	Easy

	MEL 2F F7	~ 15km	
March 9 <sup>th</sup>	Car to Lara. Meet in station carpark.	<i>Geelong circuit</i> Ride from Lara along coastal trail, inland railtrail, Barwon R. trail, Eastern Beach, coastal trail and retrace first part to finish back at Lara ~55km	Easy
March 16 <sup>th</sup>	Flinders St. station Hurstbridge line	<b>Short ride – Heidelberg station to Heide to explore and then return via Main Yarra trail to city ~ 15km.</b>	Med
March 23 <sup>rd</sup>	Footbridge in Southbank, MEL 2F F7	<i>Werribee Historic Homestead</i> –Southbank to Sanctuary lakes via Bay West trail then Point Cook rd and other roads to Werribee Homestead. Tour the area at leisure and return by train ~ 55km	Easy
March 30 <sup>th</sup>		No ride	
April 6 <sup>th</sup>	Footbridge in Southbank, MEL 2F F7	<i>Short ride</i> – to be chosen on day.  Country ride will be a Myrtleford base camp from 4 <sup>th</sup> to the 7 <sup>th</sup> of April. Contact Janet for details.	Easy
April 13 <sup>th</sup>	Flinders St station  Lilydale line - 9.07am, arrive 10.03	<i>Lilydale to Fairfield+</i> . Mainly streets route past Lilydale Lake, Mooroolbark, Croydon, East Ringwood stations, then to Ringwood Lake and Mullum-Mullum, Eastlink, Koonung, Yarra Trails to Fairfield (~40 km) or on to city.	Med-some hills
April 20 <sup>th</sup>	Flinders St. station Glen Waverley line	<i>Short ride</i> – return to the city via the Waverley rail trail and Gardiners creek trail ~ 20km.	Easy
April 27 <sup>th</sup>	Flinders St. station Glen Waverley line ~ 9.28 arriving 10.04am	Lyn's Knox and Maroondah circuit along the Eastlink, Dandenong creek, Mullum Mullum trails and return via Stud rd and Shepherds rd. to Glen Waverley station ~ 40km (to city ~ 60km).	Med
May 4 <sup>th</sup>	Footbridge in Southbank, MEL 2F F7	Short ride – A Capital City trail circuit with a coffee stop at the Abbotsford Convent ~ 20km.	Easy
May 11 <sup>th</sup>	V-line train to Bendigo arrive ~10am or drive to Gisborne station which is in South Gisborne.	<i>Gisborne to Woodend</i> via Riddell's Creek, Romsey and Lancefield. Highlights of the ride are the green scenery and the view of Hanging Rock on the return route. Distance – 57 km. or return to Gisborne station –75km.	Hard
May 18 <sup>th</sup>	Footbridge in Southbank, MEL 2F F7	<i>Short ride</i> – Capital city trail and St. Georges rd. to Human Powered café in High st. Thornbury ~ 10km	Easy
May 25 <sup>th</sup>	Footbridge in Southbank, MEL 2F F7	<i>To Craigeburn and return</i> – Merri creek and Hume trails out and Broadmeadows Valley, Greenvale Park and Moonee Ponds creek trails on the return ~ 70km.	Med
June 1 <sup>st</sup>	Footbridge in Southbank, MEL 2F F7	<i>Short ride</i> – Merri creek and Upfield rail trails circuit ~ 20km	Easy
June 8 <sup>th</sup>	Footbridge in Southbank, MEL 2F F7	<i>A northern circuit via trails and ring road path</i> –  Out the Merri creek trail to the Western Ring rd trail, maybe explore Darebin creek upper and return to Ring rd trail and return via the Plenty River and Main Yarra trails ~ 60km.	Med
June 15 <sup>th</sup>	Footbridge in Southbank, MEL 2F F7	<i>Short ride</i> – to the Spare Chair café in Kew for coffee and the best cake in Melbourne ~ 15km	Easy
June 22 <sup>nd</sup>	Footbridge in Southbank,	<i>Alison's around Melbourne circuit</i> – the Capital City trail	Med

	MEL 2F F7	to Kensington for coffee then continue across to the Maribyrnong river trail and the Bay West trail to Altona and return via Footscray rd. ~ 50km.	
June 29 <sup>th</sup>		No ride	

## Whitehorse Cyclists Inc

Last updated 12 Feb 2011

**WCI TYPICAL WEEKLY RIDE PROFILES** EASY TUESDAYS: Introductory level social ride. Weekly. 30-35km, few or gentle hills. 9.30am - 1pm.  
MEDIUM TUESDAYS: Medium ride, ie slightly faster, harder and further than easy rides. Still a social ride. Requires more endurance and ability than easy rides. 40-50km, some hills. 9.00am start for a 1.00pm finish.  
HARD TUESDAYS: Harder (ie flat out) and further than medium rides. Hardest rides in WCI. 60-100km rides, hills no limit. 9.30am start, finish later in afternoon.  
EASY THURSDAYS: Similar to Easy Tuesday rides. 30-35km Fortnightly.  
MEDIUM THURSDAYS: Faster and longer ride than the Easy Thursday rides. 50-60+km. Some hills, medium to medium/hard level ability. 9.30am start, finishing 2-3pm. Includes time for lunch. EASY SUNDAYS: Weekend introductory level social ride. 30km. 9.30am to 1pm. Fortnightly MEDIUM SUNDAYS: Medium level ability, faster, some hills. Weekly. 40-45km. 9.30am to 1pm. Phone the named contact to confirm details of the rides as plans can change, particularly if forecast temperatures for the day are over 30 degrees. Rides return to the start point unless shown otherwise. Riders carry their own risk in any activity connected with the club. Whitehorse Cyclists Inc. disclaims liability for loss or injury to riders participating in advertised activities.

Date	Destination	Description	Distance and grade	Leader Contact
Tue 01/03 10.00am	Easy Tuesday Pam's Adventure	Do the Super Tuesday BV bike count, then meet up with the Medium Tuesday riders at (M)Southbank. Southbank, Port Melbourne, Bayside Tr, St Kilda, Alvert Park, Botanical Gardens to Richmond RS.	25 E	Pam F 9725 4148 0409 188644
Tue 01/03 10.00am	Medium Tuesday Super Tuesday BV Count	Bike count then meet (M)Southbank, then Main Yarra Tr, Gardiners Ck, Anniversay/Outer Circle Trs to Valda Ave.	25-30 E	Russell H 9841 7141 0400 178194
Tue 01/03 10am	Hard Tuesday Cragieburn	Bike Count, then Moonee Ponds Ck Tr, Cragieburn, Hume Fwy path, Ring Rd path, St Georges Rd path, Koonung Tr.	70 E/M	Barry McC 9848 1154
Thur 03/03 9.30am	Easy Thursday Darebin Cr, Macleod	Yarra Tr, Darebin Ck Tr, Reservoir, Latrobe Uni, (M)Macleod, Banyule Ck Tr, River Gum Wk, Banksia St Br, Yarraleen Res, Koonung Tr.	34 E	Joyce H 9877 3216 0419 102268
Thur 03/03 9.30am	Medium Thursday Ferntree Gully	Koonung Tr to Ringwood, Mullum Tr to Croydon, Ck Tr, Rail Tr to Ferntree Gully, Scoresby, Jells Pk, Dandenong Ck Tr.	60 M	John C 0438 566977

Download the calendar for [Feb-Mar-Apr 2011](#) rides.(pdf file: 100kb 4 pages) You will need to contact

the nominated leader to get the meeting point.				
Sun 06/03 9.15am for 9.25am train to Broadie	Easy Sunday With Pub Grub	Woodlands Historic homestead via Broadmeadows, (M)West Meadows, Moonee Ponds Cr, (B)Pascoe Vale, (B)Essendon, (L)Anglers Rest Hotel. (B)South Kensington, Southern Cross. (20% unsealed. Not for narrow tyres. Some hills.)	28/41 E/M	Keith M 9857 5805
Sun 06/03 9.00am	Sunday Mernda Bakery Born-again 1892 icon with garden.	Ivanhoe, Watsonia, Sth Morang, (M)Mernda, Doreen.	50 M	Mike McN 98304195 0407509048
Tue 08/03 9.30am	Easy Tuesday Nearby Waterways	Koonung Ck Tr, Yarra Tr, (M)Melissa's Templestowe, return to Valda Ave.	30 E	Graeme I 9848 5127
Tue 08/03 9.00am	Medium Tuesday Blackburn Lake via Alamein	Anniversary Tr and Gardiners Ck, Alamein, (M)Ashburton, Blackburn Lake.	40 M	Bruce D 9852 1921 0430 225 295
Tue 08/03 9.30am	Hard Tuesday Frankston-Sorrento	Frankston, Sorrento and return.	90 M/H	Mike H 0407 094929
<b>Tue 08/03</b>  7:45 pm	<i>Club Night</i>	<i>Corner Station &amp; Combarton Sts Monthly Meeting</i>		<i>Mike W 9509 1290</i>
Thur 10/3 9.30am	Easy Thursday Northcote Nibble	Koonung Tr, Hays Paddock, Fairfield Pk, Clifton Hill, (M)Northcote, Westgarth, Alphington, Boulevard.	34 E	Bernie F 9878 6640 0411 032 284
Thur 10/03 9.30 am	Medium Thursday Mordialloc	(M)Southbank, Port Melbourne, (L)St Kilda, (B)Mordialloc. Train from Mordialloc to Caulfield, Anniversary Tr.	62 M	Mike W 9509 1290
Sun 13/3 9.30am	Sunday Mont Park Meander	Main Yarra Tr, Rosanna, (M)Mont Park, Mt Cooper Lookout, Watsonia, River Gum Walk, Hay's Paddock. (90% sealed. Some hills.)	31 E/M	Keith M 9857 5805
Tue 15/03 9.30am	Easy Tuesday Eltham Aqueduct	Mullum Mullum Ck Tr, Diamond Ck Tr, Main Rd Research, Aqueduct, (M)Eltham, return.	32 E	Joyce H 9877 3216 0419 102 268
Tue 15/03 9.00am	Medium Tuesday Waverley Park Circuit	Anniversary Ck, Scotchman's Ck, Freeway Reserve, (M)Waverley Park. Dandenong Ck, Eastlink Tr, Jells Park, Valley Rd Reserve.	45 M	Keith C 9802 2792 0425 749 773
Tue 15/03 9.30am	Hard Tuesday Panton Gap	Lilydale, Yarra Glen, Old Healesville Rd, Badger Ck Rd, Don Rd, Panton Gap, Warburton Rail Tr, Lilydale.	80 H	Eileen Q 0433 609032
Thur 17/3 9.30am	Easy Thursday Parks & Beach	Anniversary Tr, Urban Forest, (M)Hughesdale, McKinnon, East Brighton, North Rd Beach, Beach Tr, Albert Park, Domain Rd, (F)Richmond RS.	40 E	Allan M 9898 0415
Thur 17/03	Medium Thursday	Mount Waverley, Huntingdale,	65 M	Peter L 9842 5193

9.30am	Braeside	(M)Clarinda, Moorabbin, (L)Braeside Park, (B)Springvale, Clayton, Glen Waverley.		
Sun 20/3 9.30am	Easy Sunday Carrum	Jell's Park, (M)Dandenong Cr, Carrum, train to Ormond, Rosstown Tr, Urban Forest, train to Glen Waverley. (F)1.30pm (70% sealed, 2hr 1&2 Met ticket or Sunday Saver.)	34/42 E/M	Keith M 9857 5805
Sun 20/3 9.00am	Sunday 7 Trails & a Boulevard	Anniversary Tr, Ferndale Tr, Gardiners Cr Tr, Yarra Tr, (M)Southbank, Docklands, Capital City Tr, Merri Cr Tr, The Boulevard, Koonung Tr.	47 E/M	Dick vanG 9844 3344
Tue 22/03 9.30am	Easy Tuesday Knox All Trails	Dandenong Ck Tr, Blind Ck Tr, (M)Studfield, Dandenong Ck Tr.	31 E	Graeme M 0408 903 127
Tue 22/03 9.00am	Medium Tuesday Botanic Gardens	Kew, Yarra Blvd, Collingwood, East Melbourne, (M)Observatory Café, Botanic Gardens, Richmond, Fairfield.	45 M	Russell H 9841 7141 0400 178 194
Tue 22/03 9.00am	Hard Tuesday Altona	Capital City Tr, Racecourse Rd, Geelong Rd, Millers Rd, Altona, Williamstown, Docklands, Yarra Tr.	92 M/H	Bob H 0418 582443
Thur 24/03 9.30am	Easy Thursday Inner East Circle	Anniversary Tr, Gardiners Ck Tr, Yarra Tr, (M)Collingwood Children's Farm.	30 E	Jan W 9509 1290 0408 527 220
Thur 24/03 9.30am	Medium Thursday Elwood	Burwood, (M)Oakleigh, Rosstown Tr, (L)Elwood, Beaconsfield Pde, Albert Park, Domain Rd, Anderson St, (B)Richmond, Main Yarra Tr, Gardiners Cr Tr.	60 M	Kerry McN 9800 3027
Download the calendar for <a href="#">Feb-Mar-Apr 2011</a> rides.(pdf file: 100kb 4 pages) You will need to contact the nominated leader to get the meeting point. Our multi-day regional, interstate and international rides are not published here and are restricted to members.				
Sun 27/03 9.00am	Sunday The Corner Store	North via Anniversary Tr, Yarra Tr, (M)Richmond, Yarra Tr, Gardiners Ck Tr, Anniversary Tr.	40-45 M	Anna V 9830 4195 0407 887 672
Tue 29/03 9.30am	Easy Tuesday Box Hill Ringwood Rail Trail Review	Box Hill, Ringwood, (M)Heathmont, Dandenong Ck Tr, Eastlink Tr, Heatherdale Res, Lucknow St, Pipetrack, Box Hill Mall.	29 E	David H 9877 3216 0431 828 604
Tue 29/03 9.00am	Medium Tuesday Eastern Creeks	Koonung Tr, Eastern Ck Tr, (M)Croydon, Taralla Ck Tr, Dandenong Ck Tr, Eastlink, Mitcham, Koonung Tr.	45 M	Brent C 9874 5148 0407 314 220
Tue 29/03 9.00am	Hard Tuesday Woodlands Homestead	Yarra Tr, Clifton Hill, Moonee Ponds Tr, Woodlands Homestead, Tullamarine Airport, Ring Road Tr, Merri Ck Tr, Valda Ave.	105 M/H	Charlie S 9894 3244

Thur 31/03 9.30am	Easy Thursday Scotchman's Ck Tr	Gardiners Ck Tr, Glen Waverley Rail Tr, (M)Mt Waverley, Valley Reserve, Scotchmans Ck Tr.	25 E	Michael W 9509 1290 0488 565 566
Sun 03/04 9.30am	Easy Sunday Shady Creeks 2	Merri Cr, Coburg Lake, Edwards Lake, (B)Regent, (M)Casa Bella Preston, Darebin Park, Alphington.	34 E	Keith M 9857 5805
Sun 9.00am	Sunday	TBA		
Download the calendar for <a href="#">Feb-Mar-Apr 2011</a> rides.(pdf file: 100kb 4 pages) You will need to contact the nominated leader to get the meeting point. Our multi-day regional, interstate and international rides are not published here and are restricted to members.				
Tue 05/04 9.30am	Easy Tuesday Belgrave Buzz	Belgrave Rl Tr, Bayswater, (B) Dandenong Ck Tr, Shepherd's Bush, Blind Ck, (M)Stud rd, Bayswater.	36 E	Diana M 9857 7433
Tue 05/04 9.00am	Medium Tuesday Docklands	Fairfield, Abbotsford, Capital City Tr, Southbank, (M)Docklands, Footscray Rd, Capital City Tr, Westgarth, Ivanhoe.	45 M/E	Bernie F 9878 6640 0411 032 284
Tue 05/04 9.30am	Hard Tuesday Lysterfield Lake	Ferntree Gully, Belgrave, Selby, Maskels Hill Rd, Temple Rd, Colby Dr, Mt Morton Rd, Birdlands Res, Lysterfield Lake, Reservoir Rd, Heatherton Rd, Power Rd, Baden-Powell Dr, Brady Rd, Dandenong Cr Tr.	80 M/H	John C 0438 566 977

## Banyule Bicycle User Group—Rides Program

Rides start from Warringal Park (Melway ref 32 B4) unless otherwise indicated. **Visitors are welcome to just turn up. Flexible ride options will be available at 9:00am Sundays or 9:30am Tuesdays and Fridays to cater for newcomers and others seeking to improve their riding fitness. For further details contact Graeme W. 9435 9687 or Les B. 9435 0615.**

**Note:** rides may be varied to suit conditions, eg. if the temperature is forecast to exceed 35°C.

**EasyRide:** with the “Latte” Group every **Tuesday and Friday 9:30am** (10:00am in winter) – relaxed pace with break for coffee/snack/chat. **See program and details at <http://www.vicnet.net.au/~banylbug>.**

**HarderRide:** every Tuesday and Sunday **9.00am**. BYO morning tea. Check program below.

### March 2011

Tue 1	<i>St Kilda Beach</i> 50 km <a href="#">MAP</a>	Out through Port Melbourne. Return through Albert Park. * 9:45am delayed start for Super Tuesday counting *	John G/ 9439 3884
Sun 6	<i>Yarran Dheran</i> 42 km <a href="#">MAP</a>	Koonung Trail to end (some H1 and H2) and short streets extension to reserve for break & return.	Richard B/ 9459 8648
Tue 8	<i>Craigieburn. Via Roxburgh Park estates. 76 km</i>	Out by West Heidelberg, Reservoir streets to Western Ring Rd, Moonee Ponds Creek trails. Bike path through Roxburgh Park Estate to Craigieburn (rest) Home Hume Hwy By Pass track to Western Ring Rd trail and home.	Maurie A/ 0409 106082
Wed 9	<b>Combined Dinner – Moon &amp; Spoon Restaurant 106 Mountain View Rd (cnr Sherbourne Rd) Briar Hill - 6:00pm</b>		
Sun 13	<i>Hawkstowe Park</i>	River Gum trail to Watsonia (H1), Ring Rd, Upper Darebin	Robert R/ 9439 1078



	50 km <a href="#">MAP</a>	Ck.Trail, Mill Park Lakes. Return Plenty Rd path, Ring Rd, Plenty River Trail.	
Tue 15	<i>Ceres</i> 40 km <a href="#">MAP</a>	To Fairfield by Yarra Trail, then Merri Creek Trail to Ceres for break. Continue on Merri Creek Trail to Broadhurst Av exit and Reservoir streets to Darebin Trail	Allen P/ 9457 1694
Sun 20	<i>Ruffey Lake</i> 35 km <a href="#">MAP</a>	Out via Finn's Res. Return by Green Gully Trail, Westerfolds Park. Short H2 on return.	Richard B/ 9459 8648
Tue 22	<i>Outer Circle Rail History</i> 25 km or 55 km	<b>Groups depart usual times and combine to meet on Anniversary Trail at Lady Brassey's Drive at 10:15am.</b> Discovery tour of historic railway sites. Choice of Mailing spot for lunch or Gardiner's Creek to Burnley and MYT home.	Alan & Arthur 9435 9421
Sun 27	<i>Diamond Creek</i> 40 km <a href="#">MAP</a>	Out and back by Diamond Valley Trail to Diamond Creek for break.	Graeme W/ 9435 9687
Tue 29	<i>Greenvale Reservoir</i> 75 km <a href="#">MAP</a>	Ring Road, Moonee Ponds Ck Trail, Broadmeadows Valley Trail, Yuroke Ck Trail to break at the reservoir. Somerton Rd to Mickleham Rd, left at Barrymore Rd and Attwood Ck Trail then pipe track to Erinbank Cres and home by route out.	Alan P/ 9435 9421

**NightRide:** Every Wednesday **8:00pm** from Rivergum Walk at Banyule Rd pedestrian traffic lights -

20 km on Koonung trails or Yarra Trail to Westerfolds Park. Lights required. Contact: Robert 9457 1980

## Darebin BUG

### Darebin Bug Social Rides - Tuesdays and Thursdays

9:30 a.m. corner plant and union street, northcote. 40 -60 km rides mainly on bike paths and quiet streets for experienced cyclists. Bring lunch, snacks and water. Contact Norm on 9484 4767 to confirm start time and location (usually departs from Jika Jika). <http://www.darebinbug.org.au/rides.html>

### Darebin Bug Port Melbourne Ride - Saturdays

9.30am Meet at Jika Jika Neighbourhood House, cnr Plant & Union Sts, Northcote. Slow ride suitable for beginners. <http://www.darebinbug.org.au/rides.html>

## The Crosskeys Crusiers - Strathmore - Friday rides

The Crosskeys Crusiers are a group of retired men and women who meet in the Crosskeys CarPark near the Strathmore station at 9am on Friday mornings.

The rides are decided each Friday and the adventure begins. Some riders go till morning tea while others ride till lunch and then home at about 3pm. New members most welcome to chat and share the experience Telephone Max 93783501 or John 93707829

## Melbourne Bicycle Touring Club

### Ride and Club Night Programme

March			
Thu 03 Mar	Beer tasting		Claire
Sat 05 Mar	Fed Square to Mordialloc Evening ride for dinner	60km Medium	Judy
Sun 06 Mar	Belgrave - Piggery Hill Circuit Quite a hilly ride entirely on sealed roads. A stop at Genies Cafe in	160?km Med-Hard	Gael R



	Kallista for an excellent hot chocolate.		
Wed 09 Mar	Club Lunch at Ponyfish Island In the middle of the pedestrian bridge between Elizabeth St and South Bank. Water views.	From 12.30	Norm
Thu 10 Mar	Bogong High Plains Trip (tbc)		John Ha (tbc)
W/E 12-14 Mar	Great Southern Rail Trail	160km Medium	Peter S
Sat 12 Mar	Heritage ride through the swamps of Melbourne	35km Easy	John Ha
Thu 17 Mar	Trip Planning and Spoke Notes deadline!		John Hu
W/E 19-20 Mar	Melville Caves bush camping	140km Medium	Glenn
Sat 19 Mar	Darebin to Warrandyte and return Visit Mia Mia aboriginal art gallery and Beasley's Nursery. Almost all bike path, very leafy.	50/59km Med	Rae
Sun 20 Mar	Crib Point to Frankston road ride	60km Medium	Judy
Sun 20 Mar	Retro ride to Williamstown	50km Easy	Joe
Thu 24 Mar	Social night - Kirsty		Kirsty
Sat 26 Mar	Fairfield loop to Park Orchards	70km Medium	Peter B
Thu 31 Mar	Errinundra New Year (Week-long) Tour		Glenn and fellow-travellers
<b>April</b>			
Thu 07 Apr	MAD Ride Volunteer briefing		Graeme
Sat 09 Apr	MAD Ride preparation		Liz, MAD team, volunteers
Sun 10 Apr	MAD Ride	various	Liz, MAD team, volunteers
Easter W/E 22-25 Apr	Grampians camping tour	tbc	Ed

***For information on the above rides, please contact the Touring Secretary, John Hughes 0402 463 655 , or at [rides@mbtc.org.au](mailto:rides@mbtc.org.au).***

**About the Ride Gradings Easy:** Relatively short distances and easy terrain, with no critical time factor. Suitable for the occasional cyclist. **Medium:** Longer distances with varied terrain. Reliable gears, food, tools and wet weather clothing are advisable. Ability to maintain a reasonable speed to meet critical time factors is required.

**Hard:** Long distances and/or difficult terrain. Extensive experience in all aspects of cycling is mandatory. Riders must be able to maintain a good speed throughout the ride.

The Melbourne Bicycle Touring Club meets most Thursday evenings at Trades Hall, 54 Victoria St (corner Lygon St), Carlton South at 8.00 pm (the meeting room is open from 7.30 pm onwards). If you are making a special trip to the meeting, please confirm with the meeting organiser that the advertised entertainment is proceeding, as plans are often subject to change. Details of rides and activities are confirmed at the meetings prior to the event. If you intend to participate, you should either attend the meeting or contact the Ride Leader yourself. On rides that are **SUBSIDISED**, a substantial discount on VLine fares is given to financial members who pay by two Thursdays prior to the ride. To join the Melbourne Bicycle Club, email the Membership Secretary at [payments@mbtc.org.au](mailto:payments@mbtc.org.au) or write to them at PO Box 277, Carlton South 3053

## YHA Cycling

YHA Cycling is made up of people who enjoy cycling in the suburbs and out in country Victoria with a sociable group of like-minded people, aged mainly between mid 20s and mid 40s. YHA Cycling is a recreational club, not a racing club, and we do a mixture of day and weekend rides. The group is based in Melbourne, Victoria, under the umbrella of the YHA Australia, and is one of a number of such local YHA activities groups.

Web site: <http://www.yhacycling.org.au/rides.htm>

R = Road Bike / H = Hybrid / M = Mountain Bike / Soc = Social

E = Easy / M = Medium / H = Hard / Soc = Social

Date	Ride Description	Bike Type	Distance (Kms)	Grade	Ride Leader	Booking Req'd	Ride Leader Contact
<b>JAN 2011</b>							
Sun 1	Ballarat to Melbourne	Any	80	H	John & Paul	Y	<a href="mailto:Johnrichardson67@hotmail.com">Johnrichardson67@hotmail.com</a>
Sun 9	Rooftop Cinema	Social	*	*	Jason	Y	<a href="mailto:Foojas48@hotmail.com">Foojas48@hotmail.com</a>
Sat 15	Fairfield Station to Volumes in Eltham	Any			Susan M		<a href="mailto:Matzsu.1@gmail.com">Matzsu.1@gmail.com</a> 0401 617 906 or 9442 2831
Sun 23	YHA Golf Day Par 3 Course - Kew	Social	*	*	Jason	Y	<a href="mailto:Foojas48@hotmail.com">Foojas48@hotmail.com</a>
Sat 29							
Sun 30	Grantville – Poowong Rd	R	80	M	Simon		<a href="mailto:simongwoodford@yahoo.com.au">simongwoodford@yahoo.com.au</a> 041241575
<b>FEB 2011</b>							
Sat 5	Bass Coast Ride	A	50	E/M	Ann B & Susan Q	Y	<a href="mailto:goblues@netlink.com.au">goblues@netlink.com.au</a> 0417553517

Sun 13	Hepburn Springs to Clunes Day Ride	R	100	M	Simon		<a href="mailto:simongwoodford@yahoo.com.au">simongwoodford@yahoo.com.au</a> 041241575
Thu 18	Audax Night Ride: Albert Park to Portsea & Back	*	*	*	*	*	Audax Australia Cycling Club
Sat 19	Daylesford Ride				Nick		<a href="mailto:nick@spraynozzle.com.au">nick@spraynozzle.com.au</a> 0417 506493
Sun 20							
Sat 26 & Sun 27	High Country, Quick Arse Weekend Ride				Lloyd	Y	<a href="mailto:mapman@bigpond.net">mapman@bigpond.net</a> 0419 006010
<b>MAR 2011</b>							
Sat 12	Opshop Ride : Sydney Road				Susan M		<a href="mailto:Matzsu.1@gmail.com">Matzsu.1@gmail.com</a> 0401 617 906 or 9442 2831
Sun 13	Moriac to Lorne Day Ride	R	120	H	Simon	Y	<a href="mailto:simongwoodford@yahoo.com.au">simongwoodford@yahoo.com.au</a> 041241575
Sat 19 & Sun 20	Blood under the Southern Cross Weekend				Jason	Y	<a href="mailto:Foojas48@hotmail.com">Foojas48@hotmail.com</a>
<b>APR 2011</b>							
Sat 2 & Sun 3	Forrest Ride			E/M/H	Susan	Y	<a href="mailto:goblues@netlink.com.au">goblues@netlink.com.au</a> 0417553517